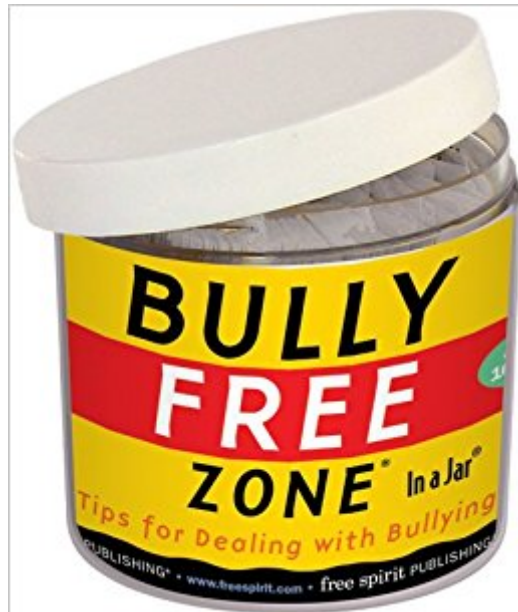




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# **Bully Free Zone™ In A Jar™: Tips For Dealing With Bullying**



## Synopsis

What to do if you have a bully problem—whether you are the target, the bystander, or the bully. Ages 9–14, 101 cards, 3" recyclable plastic screwtop jar.

## Book Information

Series: In a Jar®

Misc. Supplies

Publisher: Free Spirit Publishing; Ncr edition (October 15, 2010)

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Product Dimensions: 3.5 x 3.5 x 3.5 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 23 customer reviews

Best Sellers Rank: #93,940 in Books (See Top 100 in Books) #11 in Books > Teens > Social Issues > Bullying #45 in Books > Teens > Hobbies & Games > Games & Activities

## Customer Reviews

Based in Minneapolis, Minnesota, Free Spirit Publishing is known for its unique understanding of what kids want (and need) to navigate life successfully. Free Spirit's reputation as a leading publisher of Self-Help for Kids(tm) and Self-Help for Teens(tm) is grounded in books and other learning materials that are practical, positive, pro-kid, and solution focused.

I'm a mental health counselor who works with many children. These cards are a great help to me. The kids love them. I spread the cards out in a circle. Kids throw a dice and move a marker to a space. They read the card they land on and answer the question. It's a lot of fun and promotes helpful discussion. I also add anger and other topic cards to the game.

I will likely be back to write a more in-depth review. I am studying to be a Therapist, particularly a Child Therapist. I love the concept of these jars that can be used over and over again, as needed for therapy, and, to help the child feel in charge. Our own child has struggled with some Neurological and Mental Health related problems, and, is currently aged 10; (this problem 'being bullied', required some help, and, action, so I purchased these). This seems to be a very good item for helping children feel like they are able to better take charge of bullying. The cards provide tips

and ideas for handling the bullies, and, at the same time, are designed that he/she can play a game(s) with them. You pick out a card, and, some you talk about, or, act out. It allows the child to come up with solutions, and, share their thoughts, and, learn to take action, when it is needed. This has become a particularly growing issue, for our child, 'bullying', lately, in the classroom and, on the bus, since grade 4, now, in grade 5. Our child isn't the only one affected either, friends of ours, with similar aged children, and, a bit older and younger, especially have had a lot of ongoing issues, for them, grow out of the bully or mean behavior of other kids at this age. It is important to show them you can do something to help. Kids do not need to have issues necessarily to participate in this game, so friends can play together, and, it is actually quite fun!

Very good cards. Might want to use some contact paper to protect the cards though. This is my 3rd jar, I find these activities in jar very fun to use with the kids

Love these jars. They are great for guidance activities or individual counseling. I love to have them around as an ice breaker as well.

This is yet another clever way to help students identify and solve bullying problems. Very engaging and students enjoy their participation.

I find this helpful for my clients who have been bullied. It allows the conversation to start or pick up if someone is feeling hesitant expressing themselves.

Great tool for working with kids and adults!

These are great for lunch groups!

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